

# REGISTRATION FORM

**Deadline for registration is January 16th at 5pm**

Name: \_\_\_\_\_  
 Street: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

### Fee Schedule:

- Free for Consumers and Family.....Free
- Provider.....\$20
- Student • Senior.....\$10

### Special Meal:

- I would prefer a vegetarian lunch

### PAYMENT INFORMATION

- Check *Checks payable to NVMHI* OR  Money Order
- Total Amount: \$ \_\_\_\_\_

### RETURN THIS FORM & PAYMENT TO:

Mail to: **Amy Rushton, NVMHI**  
 3302 Gallows Rd., Falls Church, VA 22042  
 Fax Registration: **703-207-7146**  
 Email: **Amy.Rushton@nvmhi.dmhmr.sas.virginia.gov**

### DIRECTIONS TO FAIRVIEW PARK MARRIOTT 3111 Fairview Park Dr. Falls Church, Virginia:

#### From The Capital Beltway:

Take the Capital Beltway I-495 (outer loop) to Exit 50 A-B, turn right onto ramp, keep left to stay on ramp. At exit 50 B, keep straight and stay on ramp, take ramp (right) onto Fairview Park Dr.

#### Public Transportation, Via Metro and Bus:

Dunn Loring Metro: Take the 1B Bus towards Ballston and get off at the S. Fairview Park Dr. & Marriott Main entrance. The Fairview Park Marriott offers shuttle service from the Dunn Loring Metro to the Hotel - pick up at the Metro station is every hour at quarter to the hour beginning at 7:45 am. The shuttle bus leaves the hotel every hour on the half hour beginning at 7:30 am.

**Complimentary Parking Available at the hotel**

Northern Virginia Mental Health Institute  
 3302 Gallows Road  
 Falls Church, VA 22042  
 Attn: Amy Rushton



**The Regional Community Support Center at  
 Northern Virginia Mental Health Institute**

## Recovery Partnerships: Building Bridges For Personal Safety

*First Half-Day Conference  
 on Trauma and  
 Trauma Informed Care*

**January 22, 2009**

Fairview Park Marriott  
 Falls Church, VA

**Box Lunch Included**

**Questions Call: 703-645-3129**

# Welcome

## Recovery Partnerships: Building Bridges for Personal Safety

Dear Consumers, Family Members and Providers

The Regional Community Support Center (RCSC) at Northern Virginia Mental Health Institute is proud to announce the first of a series of half-day conferences we plan to hold. This conference, to be held on January 22, will focus on trauma.

We hope to provide important education and awareness regarding the impact trauma history has on individuals and their mental health treatment needs. The RCSC is committed to supporting the development of trauma-informed services throughout the region. Over the past two decades, specialized treatments and new tools have emerged to support recovery from trauma and the avoidance of needless re-traumatization. Training of consumers, families and providers in awareness and treatment of trauma will allow many consumers to succeed in treatment and recovery.

The RCSC Advisory Council will continue to provide opportunities for ongoing inquiry and learning to support the reduction and elimination of seclusion and restraint use.

Sincerely,

*The Regional Community Support Center Advisory Committee  
Mary Ann Beall, Fairfax/Falls Church CSB • Wendy Gradison, LCSW, CPRP, PRS, INC • Judy Hines, Friends of Loudoun Mental Health, Loudoun County • Steve Hornstein, Arlington County • Jennifer Kane, LCSW, Alexandria CSB • Beth Leeth, RN, INOVA • Lorrie Nicewarner, Dominion Hospital • L. William Yolton, Fairfax County and Amy Rushton, RN, MSN, PMHCNS-BC, Director, Regional Community Support Center at NVMHI.*

**The Regional Community Support Center at NVMHI is dedicated to:**

- \* **The safety of consumers, families and service providers**
- \* **The elimination of the need for coercion and the use of seclusion and restraint**
- \* **The full integration of trauma-informed care in all care settings**
- \* **Positive partnerships between consumers and service providers**
- \* **Healing treatments that inspire hope and make recovery possible**

## Conference Schedule

**12:30pm**

***Meet and Greet • Box Lunch***

**1:00pm to 2:30pm**

***Invited Speaker: Lori Beyer***

**2:35pm to 2:45pm**

***Break***

**2:45pm to 3:45pm**

***Invited Speaker: Tonier Caine***

**3:45pm to 4:00pm**

***Wrap-Up • Thoughts***

***\*\*The DVD, "Behind Closed Doors" will be playing continually from 12:30p to 4p in one of the Breakout Rooms. Please stop by and watch this moving DVD. \*\****

*Two outstanding individuals have been invited to speak :*

*Lori L. Beyer, LICSW, MSWAC*

Lori Beyer, LICSW, MSWAC is a supervisory trauma clinician and lead trainer at Community Connections, a private, not-for-profit agency providing a full range of human services in metropolitan Washington, D.C. Ms. Beyer specializes in providing workshops, trainings, and ongoing supervision and consultation to agencies and clinicians nationally on issues related to trauma-specific and trauma-sensitive service provision. Ms. Beyer has over 17 years of experience working with adults who are dually diagnosed with a serious mental illness and substance abuse disorder, and have histories of homelessness and violent victimization. She was an original member of the Community Connections Trauma Work Group which developed the Trauma Recovery and Empowerment Model (TREM); has co-led numerous group treatment interventions in areas such as Trauma Recovery and Empowerment, Parenting Skills, and Domestic Violence, and has served as a clinical case manager and clinical housing coordinator before her current position as a supervisory trauma clinician in two federally-funded research projects and as a lead trainer.

*Tonier Caine, Consumer Advocate, Arnold, MD*

Tonier Caine is a consumer advocate who has spoken nationally on trauma, incarceration, and recovery. She has served as a member of the Protection and Advocacy for Individuals with a Mental Illness (PAIMI) Council, a federally-required advisory body that reviews and guides work funded under the PAIMI grant and, in conjunction with the Board, sets and approves annual program priorities. She has also worked as a case manager and Director of Advocacy Services for a private non-profit in Annapolis, MD. Ms. Cain is featured in the documentary "*Behind Closed Doors: Trauma Survivors and the Psychiatric System*". Ms. Cain is the team leader for the National Center for Trauma Informed Care which provides consultation, technical assistance, and training to revolutionize the way mental health and human services are organized, delivered and managed, while furthering the understanding of trauma-informed practices through education and outreach. Ms. Cain is the subject in "Healing Neen", a documentary based on her life as she moved through multiple systems of care.